

Department of Health and Ageing 2009 Calendar of Events

This calendar has been compiled by the Communications Branch of the Australian Government Department of Health and Ageing and is available on the internet at:

<http://www.health.gov.au/internet/main/publishing.nsf/Content/health-pubs-calendar-index.htm>

The dates and events listed are major awareness days, weeks and months related to health and ageing. They could also be subject to change and confirmation should be sought from the relevant organisation before planning any associated activities. For other fund-raising events related to a particular organisation, visit the organisation's web site.

No responsibility is accepted for the correctness of information and contacts supplied by contributing organisations. A listing in this calendar does not imply endorsement by the Australian Department of Health and Ageing.

To have an event listed, update an entry or obtain more information, send an e-mail to:

calendar@health.gov.au

January 2009

Dates	Event	Location	Organisation	Contact Details
Month of January	Summer Fire Safety Campaign	VIC	MFB Victoria	p: 03 9665 4464 e: commed@mfb.vic.gov.au w: http://www.mfb.vic.gov.au
01 January	New Year's Day	Nationwide		
07 January	Devonport Cup	TAS		
25 – 31 January	Australia's Healthy Weight Week	Nationwide	Dieticians Association of Australia	p: 07 3254 1200 e: mgarside@daa.asn.au w: www.healthyweightweek.com.au
26 January	ustralia Da	Nationwide		

February 2009

Dates	Event	Location	Organisation	Contact Details
Month of February	Ovarian Cancer Awareness Month	Nationwide	Ovarian Cancer Australia	p: 1300 660 334 e: admin@ovariancancer.net.au w: www.ovariancancer.net.au
04 February	World Cancer Day	Worldwide	United Nations	p: 02 6273 8200, e: unic@un.org.au w: www.un.org
02 - 08 February	National Naturopathy Awareness week	Nationwide	Endeavour College of Natural Health	p: 1300 4 Natural e: Emma.Gierschick@endeavour.edu.au w: www.endeavour.edu.au
02 - 08 February	Worldwide Salt Awareness Week	Worldwide	The George Institute for International Health	p: 02 8507 2529 e: edunford@george.org.au w: www.thegeorgeinstitute.org
05 February	Salt and the City	Sydney	The George Institute for International Health	p: 02 8507 2529 e: edunford@george.org.au w: www.thegeorgeinstitute.org
09 February	Royal Hobart Regatta	TAS		
21 - 28 February	Australian Organ Donor Awareness Week	Nationwide	Australian Transplant Authority	e: transplantauthority@health.gov.au w: www.australiantransplantauthority.gov.au
25 February	Year of the Blood Donor (Official launch)	Nationwide	Australian Red Cross Blood Service	p: 02 9333 3210 e: news@arcbs.redcross.org.au w: www.donateblood.com.au
25 February	Launceston Cup	TAS		

March 2009

Dates	Event	Location	Organisation	Contact Details
Month of March	Scleroderma National Awareness Month	Nationwide	Scleroderma Australia	p:03 9744 1222 e: info@sclerodermaaustralia.com.au w: www.scleroderma.com.au
02 March	Labour Day	WA only		
03 March	King Island Show	TAS		
07 March	Gear Up Girl Challenge	Sydney	Bicycle NSW	p: 02 9218 5415 e: events@bicyclensw.org.au w: www.bicyclensw.org.au
8 - 15 March	Multiple Birth Awareness Week	Nationwide	Australian Multiple Birth Association	p: 1300 88 64 99 e: secretary@amba.org.au w: www.amba.org.au
09 March	Eight Hours Day	TAS		
09 March	Canberra Day	ACT only		
09 March	Labour Day	VIC only		
09 March	Adelaide Cup	SA only		
12 March	World Glaucoma Day	Worldwide	Glaucoma Australia Inc	p: 1800 500 880 e: glaucoma@glaucoma.org.au w: www.glaucoma.org.au
12 March	World Kidney Day	Worldwide	Kidney Health Australia	p: 1800 4 543639 w: www.kidney.org.au
13 – 20 March	Coeliac Awareness Week	Nationwide	The Coeliac Society of Australia Inc.	p: 02 9487 5088 e: info@coeliacsociety.com.au w: www.coeliacsociety.com.au
15 – 21 March	Waterworks Week	WA	The Continence Advisory Service	p: 08 9386 9777 p:1800 814 925 e: info@continencewa.org.au w: www.continencewa.org.au
15 – 22 March	Seniors Week	ACT	COTA ACT	p: 02 6282 3777 e: contact@cota-act.org.au w: www.cotaact.org.au
16 – 22 March	Brain Awareness Week	Nationwide	Brain Foundation	p: 02 9437 5967 or 1300 886 660 e: info@brinaustralia.org.au w: www.headacheaustralia.org.au
19 – 24 March	NSW Corporate Games	NSW	Diabetes Australia-NSW	p: 02 9552 9943 e: info@diabetesnsw.com.au w: www.diabetesnsw.com.au

23 - 29 March	National Musculoskeletal awareness week	Nationwide	Endeavour College of Natural Health	p: 03 9655 9535 e: Emma.Gierschick@endeavour.edu.au w: http://www.endeavour.edu.au
24 March	World TB Day	Worldwide	United Nations	p: 02 6273 8200, e: unic@un.org.au w: www.un.org
25 March	National Ride to School Day	Nationwide	Bicycle NSW	p: 02 9218 5415 e: events@bicyclensw.org.au w: www.bicyclensw.org.au
25 – 31 March	National Health & Fitness week	Nationwide	Endeavour College of Natural Health	p: 03 9655 9535 e: Emma.Gierschick@endeavour.edu.au w: http://www.endeavour.edu.au
26 March	World Purple Day	Worldwide	Epilepsy Queensland Inc	p: 1300 852 853 e: epilepsy@epilepsyqueensland.com.au w: www.epilepsyqueensland.com.au
27 March	Bandaged Bear Day	Nationwide	The Children's Hospital at Westmead	p: 02 9845 3364 e: eventspr@chw.edu.au w: www.bandagedbearday.com.au
27 March	National Youth Tobacco Free Day	Nationwide	Quit	p: 08 8291 4143 e: shounslow@quitsa.org.au w: www.quitsa.org.au
29 March – 04 April	Arthritis Awareness Week	Nationwide	Arthritis Australia	p: 1800 011 041 e: info@arthritisaustralia.com.au w: www.arthritisaustralia.com.au
30 March – 5 April	Wound Awareness Week	Nationwide	Australian Wound Management Association	p: 03 9912 6824 e: john@mwcmmedia.com.au w: www.elephantintheroom.com.au

April 2009

Dates	Event	Location	Organisation	Contact Details
29 March – 04 April	Arthritis Awareness Week	Nationwide	Arthritis Australia	p: 1800 011 041 e: info@arthritisaustralia.com.au w: www.arthritisaustralia.com.au
Month of April	Great Australian Bite	Nationwide	Diabetes Australia-NSW	p: 1300 136 588 e: gab@diabetesnsw.com.au w: www.greataustralianbite.com.au
05 April	Gear Up Girl Challenge	ACT	Bicycle NSW	p: 02 9218 5415 e: events@bicyclensw.org.au w: www.bicyclensw.org.au
05 April	Wheelie Big Day Out	WA	The Centre for Cerebral Palsy WA	p: 1800 198 263 e: Marie.azzopardi@tccp.com.au w: www.tccp.com.au
07 April	World Health Day	Worldwide	United Nations	p: 02 6273 8200, e: unic@un.org.au w: www.un.org
10 April	Good Friday	Nationwide		
13 April	Easter Monday	Nationwide		
17 April	World Haemophilia Day	Worldwide	Haemophilia Foundation Australia (HFA)	p: 100 807 173 e: hfaust@haemophilia.org.au w: www.haemophilia.org.au
20 – 24 April	Playground Safety Week	WA	Kidsafe WA	p: 08 9340 8517 e: kidsafe@kidsafewa.com.au w: www.kidsafewa.com.au
25 April	Anzac Day (public holiday on Monday 27thApril)	Nationwide		
25 April	World Malaria Day	Worldwide	United Nations	p: 02 6273 8200, e: unic@un.org.au w: www.un.org
27 April – 03 May	World Homoeopathy Awareness Week	Worldwide	Australian Homoeopathic Association	p: 03 5979 1558 e: admin@homeopathyoz.org w: www.homeopathyoz.org
29 April – 06 May	Eye Foundation Larapinta Challenge 2009	Central Australia	Eye Foundation	p: 02 8394 5220 e: enquiries@eyefoundation.org.au w: www.juleye.com.au

May 2009

Dates	Event	Location	Organisation	Contact Details
29 April – 06 May	Eye Foundation Larapinta Challenge 2009	Central Australia	Eye Foundation	p: 02 8394 5220 e: enquiries@eyefoundation.org.au w: www.juleye.com.au
02 – 09 May	Osteopathy Awareness Week	Nationwide	Australian Osteopathic Association	p: 02 9410 0099 e: aoa@osteopathic.com.au w: www.osteopathic.com.au
03 – 09 May	Motor Neurone Disease Week	Nationwide	MND Australia	p: 02 9816 5322 e: info@mndaust.asn.au w: www.mndaust.asn.au
03 – 09 May	Heart Week	Nationwide	Heart Foundation	p: 1300 36 27 87 w: www.heartfoundation.org.au
04 May	May Day	NT		
04 May	Labour Day	QLD		
04 – 10 May	National Mothering Week	Nationwide	Australian Breastfeeding Association	p: 03 9885 0855 e: info@breastfeeding.asn.au w: www.breastfeeding.asn.au
10 - 16 May	National Epilepsy Awareness Week	Nationwide	Epilepsy Queensland Inc	p: 1300 852 853 e: epilepsy@epilepsyqueensland.com.au w: www.epilepsyqueensland.com.au
11 – 17 May	National Volunteer Week	Nationwide	Volunteering Australia	p: 03 9820 4100 e: volaus@volunteeringaustralia.org w: www.volunteeringaustralia.org
11 - 17 May	Allergy and Chemical Sensitivity Week	Nationwide	Allergy and Environmental Sensitivity Support and Research Association Inc	p: 03 9888 1382 e: info@aessra.org w: http://www.aessra.org
12 May	International Nurses Day			
15 May	Launch of Queensland Epilepsy Awareness Campaign	QLD	Epilepsy Queensland Inc	p: 1300 852 853 e: epilepsy@epilepsyqueensland.com.au w: www.epilepsyqueensland.com.au
15 May	National Walk Safely to School Day	Nationwide	Pedestrian Council of Australia	p: 02 9968 4555 e: walking@walk.com.au w: www.walk.com.au

15 May	MPS Awareness Day	Worldwide	Mucopolysaccharide & Related Diseases Society Aust. Ltd	p: 02 9476 8411 e: info@mpsociety.org.au w: www.mpsociety.org.au
15 May	Loud Shirt Day	Nationwide	Deaf Kids Talking	w: www.loudshirtday.com.au

17 – 23 May	Food Allergy Week	Nationwide	Anaphylaxis Australia	p: 1300 728 000 e: coordinator@allergyfacts.org.au w: www.allergyfacts.org.au
17 – 24 Ma	Schizophrenia Awareness Week	Nationwide	Mental Illness Fellowship of Australia	p: 08 8221 5072 w: www.mifa.org.au
18-24 May	National Chiropractic Care Week 2009	Nationwide	Chiropractors' Association of Australia (National)	P: 1800 075 003 e: caa@caa.asn.au w: www.chiropractors.asn.au/thebigpicture
20 May	International Clinical Trials Day	Worldwide	AccessCR	p: 02 9016 7098 e: ContactUs@AccessCR.com.au w: www.accesscr.com.au
24 - 30 May	Kidney Health Awareness Week	Nationwide	Kidney Health Australia	p: 1800 4 543639 e: health@kidney.org.au w: www.kidney.org.au
24 - 30 May	Macular Degeneration Awareness Week	Nationwide	Macular Degeneration Foundation	t: 1800 111 709 e: info@mfdoundation.com.au w: www.mfdoundation.com.au
29 May	White Wreath Day	Nationwide	White Wreath Association Ltd	p: 1300 766 177 e: White.wreath@bigpond.com w: www.whitewreath.com
31 May	World No Tobacco Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org

June 2009

Dates	Event	Location	Organisation	Contact Details
01 June	Foundation Day	WA		
07 June	Step Up for Ms	WA	The Multiple Sclerosis Society of WA	p: 08 9365 4895 e: antonette.spirito@multiple-wa.asn.au w: www.multiple-wa.asn.au
08 June	Queens Birthday	NT, ACT, VIC, TAS, SA, QLD, NSW		
07 – 13 June	Bowel Cancer Awareness Week	Nationwide	Bowel Cancer & Digestive Research Institute of Australia	p: 02 9926 5014 e: info@bowelcanceraustralia.org w: www.bowelcanceraustralia.org
08 – 12 June	Safety in Schools Week	WA	Kidsafe WA	p: 08 9340 8517 e: kidsafe@kidsafewa.com.au w: www.kidsafewa.com.au
8 14 June	Little Poss Epilepsy Awareness Appeal	QLD	Epilepsy Queensland Inc	p: 1300 852 853 e: epilepsy@epilepsyqueensland.com.au w: www.epilepsyqueensland.com.au
10 June	Red Apple Day	Nationwide	Bowel Cancer & Digestive Research Institute of Australia	p: 02 9926 5014 e: info@bowelcanceraustralia.org w: www.bowelcanceraustralia.org
12 June	Go Red for Women Day	Nationwide	Heart Foundation	p: 1300 36 27 87 w: www.heartfoundation.org.au
14 June	World Blood Donor Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
14 June	MS Fun Run	ACT, NSW, VIC	MS Society of Australia	p: 02 9468 8366 e: events@mssociety.com.au w: www.mswalk.org.au
15 – 21 June	Men's Health Week	Worldwide	Men's Health Information and Resource Centre	p: 02 4570 1713 e: menshealth@uws.edu.au w: www.menshealthweek.com.au/
15 - 21 June	Blue Care Awareness Week	QLD	Blue Care	p: 1800 00 1953 e: awarenessweek@bluecare.org.au w: www.bluecare.org.au
21 June	MND Global Awareness Day	Worldwide	Motor Neurone Disease Australia	p: 1800 777 175 e: info@mndaust.asn.au w: http://www.mndaust.asn.au

22 - 26 June	Crohn's & Colitis Awareness Week	Nationwide	Crohn's & Colitis Australia™	t: 1800 138 029 e: info@crohnsandcolitis.com.au w: www.crohnsandcolitis.com.au
26 June	Red Nose Day	Nationwide	Sudden Infant Death Syndrome & Kids Australia	p: 1300 308 307 e: national@sidsandkids.org w: www.rednoseday.com.au w: www.sidsandkids.org

July 2009

Dates	Event	Location	Organisation	Contact Details
Month of July	juleYE	Nationwide	Eye Foundation	p: 02 8394 5220 e: enquiries@eyefoundation.org.au w: www.juleye.com.au
6 - 12 July	National Natural Medicine week	Nationwide	Endeavour College of Natural Health	p: 03 9655 9535 e: Emma.Gierschick@endeavour.edu.au w: http://www.endeavour.edu.au
12 – 18 July	National Diabetes Week	Nationwide	Diabetes Australia	p: 1300 136 588 e: info@diabetesnsw.com.au w: www.diabetesnsw.com.au
18 July	Buzz Ball	NSW	Diabetes Australia-NSW	p: 1300 136 588 e: buzzball@diabetesnsw.com.au w: www.diabetesnsw.com.au
19 – 25 July	Wee Week	Nationwide	Kidney Health Australia	p: 1800 454 639 e: teresa.taylor@kidney.org.au w: http://www.kidney.org.au/NewsEvents/WeeWeek/tabid/653/Default.aspx
22 July	Fragile X Awareness Day	Nationwide	Fragile X Association of Australia	p: 1300 394 636 e: support@fragilex.org.au w: www.fragilex.org.au
24 July	Darwin Show Day	NT		

August 2009

Dates	Event	Location	Organisation	Contact Details
01 – 07 August	Infant Massage Awareness Week	Nationwide	International Association of Infant Massage Australia Inc	p: 02 4369 3668 e: secretary@iaim.com.au w: www.iaim.com.au
01 – 07 August	World Breastfeeding Week	Worldwide	Australian Breastfeeding Association	p: 03 9885 0855 e: info@breastfeeding.asn.au w: www.breastfeeding.asn.au
02 – 08 August	National Healthy Bones Week	Nationwide	Osteoporosis Australia	p: 1800 242 141 w: www.osteoporosis.org.au
02 - 08 August	National Cerebral Palsy Week	Nationwide	The Centre for Cerebral Palsy WA	p: 1800 198 263 e: Marie.azzopardi@tccp.com.au w: www.tccp.com.au
03 August	Picnic Day	NT		
03 – 07 August	Energy Safety Week	VIC, SA, NSW, QLD	Origin Energy	p: 1800 659 511 e: order@ei.com.au w: www.originenergy.com.au/esw
03 - 09 August	Dental Health Week	Nationwide	Australian Dental Association Inc	p: 02 9906 4412 w: www.dentalhealthweek.com.au
07 August	Jeans for Genes Day	Nationwide	Children's Medical Research Institute	w: www.jeansforgenes.org.au
12 August	Royal Queensland Show	QLD		
16 – 22 August	National Glaucoma Week	Nationwide	Glaucoma Australia Inc	p: 1800 500 880 e: glaucoma@glaucoma.org.au w: www.glaucoma.org.au
17 - 23 August	National Traditional Chinese Medicine (TCM) Awareness Week	Nationwide	Endeavour College of Natural Health	p: 03 9655 9535 e: Emma.Gierschick@endeavour.edu.au w: http://www.endeavour.edu.au
17 23 August	Natural Family Planning Week	Nationwide	billings LIFE Leaders In Fertility Education	p: 1800 335 860 p: 03 9887 8572 e: thebillingsmethod@woomb.org w: www.woomb.org
22 – 30 August	World Transplant Games, Gold Coast	Worldwide	Transplant Australia Ltd	p: 02 9922 5400 e: contactus@transplant.org.au w: www.transplant.org.au
23 August	Community Beach Walk for organ and tissue donation, Gold Coast	Worldwide	Transplant Australia Ltd	p: 02 9922 5400 e: contactus@transplant.org.au w: www.transplant.org.au

23 29 August	Hearing Awareness Week	Nationwide	Deafness Forum of Australia	p: 02 6262 7808 p: TTY: (02) 6262 7809 e: info@deafnessforum.org.au w: www.deafnessforum.org.au w: www.hearingawarenessweek.org.au
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24 – 30 August	VCFS Awareness Week	Nationwide	Velo-Cardio Facial Syndrome Foundation of NSW	p: 02 9872 1516 e: president@vcfsfa.org.au w: www.vcfsfa.org.au
28 August	Pink and Blue Day	Nationwide	Velo-Cardio Facial Syndrome Foundation of NSW	p: 02 9872 1516 e: president@vcfsfa.org.au w: www.vcfsfa.org.au
28 August	Daffodil Day	Nationwide	Cancer Council	w: www.daffodilday.com.au
30 August	VCFS Walk for Awareness	NSW	Velo-Cardio Facial Syndrome Foundation of NSW	p: 02 9872 1516 e: president@vcfsfa.org.au w: www.vcfsfa.org.au
30 August	Stay in Bed Day	Nationwide	Australian Mitochondrial Disease Foundation Ltd	p: 02 9999 3458 p: 0414 798 920 e: margielingard@gmail.com w: www.stayinbed.org.au

September 2009

Dates	Event	Location	Organisation	Contact Details
Month of September	Ovarian Cancer Research Month	Nationwide	Ovarian Cancer Research Foundation	p: 1300 OVARIAN e: info@ocrf.com.au w: http://www.ocrf.com.au
Month of September	International Prostate Cancer Awareness Month	Worldwide	Prostate Cancer Foundation of Australia (PCFA)	p; 1800 22 00 99 e: enquiries@prostate.org.au w: www.prostate.org.au
1 - 7 September	National Asthma Week	Nationwide	The Asthma Foundation of Australia	p: 03 9329 2622 e: national@asthmaaustralia.org.au W: www.asthmaaustralia.org.au
6 - 12 September	National Massage week	Nationwide	Endeavour College of Natural Health	p: 03 9655 9535 e: Emma.Gierschick@endeavour.edu.au w: http://www.endeavour.edu.au
07 – 13 September	National Blood Donor Week	Nationwide	Australian Red Cross Blood Service	p: 02 9333 3210 e: news@arcbs.redcross.org.au w: www.donateblood.com.au
07 – 13 September	Eczema Awareness Week	Nationwide	Eczema Association of Australasia Inc	p: 1300 300 182 e: itchy@eczema.org.au w: www.eczema.org.au
10 September	World Suicide Prevention Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
13 – 19 September	ADHD Awareness Week	WA	Learning and Attention Disorders Society	p: 08 9346 7544 e: lads@cnswa.com w: www.ladswa.com.au/
14 - 20 September	National Herbal Medicine Week	Nationwide	National Herbalists Association of Australia	p: 02 8765 0071 e: nhaa@nhaa.org.au w: www.nhaa.org.au
14 - 20 September	National Stroke Week	Nationwide	National Stroke Foundation	p: 1800 787 653 e: stroke@strokefoundation.com.au w: strokeweek@strokefoundation.com.au
15 September	Benetas Respect for the Ageing Day	VIC	Benetas	p: 03 8823 7900 e: respect@benetas.com.au w: www.benetas.com.au
15 - 22 September	Dementia Awareness Week	Nationwide	Alzheimer's Australia	p: 02 9805 0100 e: education@alznsw.asn.au w: www.alzheimers.org.au
18 September	Diabetes Buzz Day	Nationwide	Diabetes Australia-NSW	p: 1300 136 588 e: buzz@diabetesnsw.com.au

20 – 26 September	National Headache and Migraine Awareness Week	Nationwide	Brain Foundation	p: 02 9437 5967 p: 1300 886 660 e: info@brinaustralia.org.au w: www.headacheaustralia.org.au
21 September	World Alzheimer's Day	Worldwide	Alzheimer's Australia	p: 02 9805 0100 e: education@alznsw.asn.au w: www.alzheimers.org.au
21 - 27 September	World Reflexology week	Worldwide	Endeavour College of Natural Health	p: 03 9655 9535 e: Emma.Gierschick@endeavour.edu.au w: http://www.endeavour.edu.au
28 September	Queens Birthday	WA		
28 September	World Rabies Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
28 September	World Heart Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org

October 2009

Dates	Event	Location	Organisation	Contact Details
Month of October	<i>beyondblue</i> Anxiety and Depression Awareness (ADA) Month	Nationwide	<i>beyondblue</i>	p: 1300 224 636 e: bb@beyondblue.org.au w: www.beyondblue.org.au
01 October	Register for Movember	Nationwide	Movember Australia	p: 1300 GROW MO (1300 4769 66) e: info@movember.com.au w: www.movember.com/
01 – 07 October	Seniors Week Tasmania	TAS	Seniors Bureau DPC TAS	p: 1300 135 513 e: seniors@dpac.tas.gov.au w: www.seniors.tas.gov.au
02 October	National Walk to Work Day	Nationwide	Pedestrian Council of Australia	p: 02 9968 4555 e: walking@walk.com.au w: www.walk.com.au
04 – 10 October	Sleep Awareness Week	QLD, NSW, SA, TAS, VIC, WA	Sleep Disorders Australia	e: Jon.arden@bigpond.com w: www.sleepoz.org.au
04 – 10 October	Mental Health Week	Nationwide	WA Association of Mental Health	p: 08 9420 7277 e: reception@waamh.org.au w: www.waamh.org.au
04 – 11 October	National Amputee Awareness Week	Nationwide	Limbs 4 Life Inc.	p: 1300 782 231 e: info@limbs4life.com w: www.limbs4life.com
05 October	Labour Day	ACT, SA, NSW		
5 - 11 October	National Aromatherapy week	Nationwide	Endeavour College of Natural Health	p: 03 96559535 e: Emma.Gierschick@endeavour.edu.au w: http://www.endeavour.edu.au
08 October	World Sight Day	Worldwide	Vision 2020 Australia	p: 03 9656 2027 e: info@vision2020australia.org.au w: www.vision2020australia.org.au
08 – 11 October	National Haemophilia Awareness Week	Nationwide	Haemophilia Foundation Australia	p: 1800 807 173 e: hfaust@haemophilia.org.au w: www.haemophilia.org.au
10 October	World Mental Health Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
10 – 17 October	Foot Health Week	Nationwide	Australasian Podiatry Council	p: 03 9416 3111 e: apodc@apodc.com.au w: www.apodc.com.au

11 - 17 October	Anti-Poverty Week	Nationwide	Anti-Poverty Week	p: 1300 797 290 e: coordinator@antipovertyweek.org.au w: www.antipovertyweek.org.au
11 - 17 October	National Nutrition week	Nationwide	Nutrition Australia	p: 03 9650 5165 w: http://nutritionaustralia.org
18 - 24 October	Carers Week – Includes Carers day out 20 Oct	Nationwide	Carers Australia	p: (02) 6122 9917 e: caa@carersaustralia.com.au w: www.carersaustralia.com.au
19 - 24 October	Sock it to Suicide	Nationwide	White Wreath Association Ltd	p: 1300 766 177 e: White.wreath@bigpond.com w: www.whitewreath.com
20 October	World Osteoporosis Day	Worldwide	Osteoporosis Australia	p: 1800 242 141 w: www.osteoporosis.org.au
22 October	Royal Hobart Show	TAS		
25 October	Seven Bridges Walk	NSW	Diabetes Australia NSW	p: 1300 136 588 e: info@diabetesnsw.com.au w: www.diabetesnsw.com.au
26 October	National Kidsafe Day	Nationwide	Kidsafe WA	p: 08 9340 8517 e: kidsafe@kidsafewa.com.au w: www.kidsafewa.com.au
26 October	Pink Ribbon Day	Nationwide	National Breast Cancer Foundation	w: www.nbcf.org.au

November 2009

Dates	Event	Location	Organisation	Contact Details
Any Friday	Finish Friday at 4	Nationwide	Diabetes Australia NSW	p: 1300 136 588 e: finishfridayatfour@diabetesnsw.com.au w: www.finishfridayatfour.com.au
Month of November	MOvember Changing the Face of Men's Health	Nationwide	The MOvember Foundation	p: 1300 4769 66 e: info@movember.com.au w: www.movember.com/
Month of November	Lung Health Awareness Month	Nationwide	The Australian Lung Foundation	p: 07 3251 3600 w: www.lungfoundation.com.au
01 November	MS Sydney to the Gong Bike Ride	NSW	MS Society of Australia	p: 02 9468 8366 e: events@mssociety.com.au w: www.mswalk.org.au
03 November 03 November 09 – 15 November	Family and Community Day Melbourne Cup Day National Food Safety Week	ACT VIC Nationwide	Food Safety Information Council	e: foodsafety@ozemail.com.au w: www.foodsafety.asn.au
14 November	World Diabetes Day	Worldwide	Diabetes Australia	p: 02 6232 3800 e: comms@diabetesaustralia.com.au w: www.diabetesaustralia.gov.au
16 November	World Day of Remembrance for Road Traffic Victims	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
17 November	International Lung Awareness Day	Nationwide	The Australian Lung Foundation	p: 07 3251 3600 w: www.lungfoundation.com.au
19 November	World Chronic Obstructive Pulmonary Disease Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
23 – 27 November	Rett Syndrome Angel Week	Nationwide	Rett Syndrome Australia Research Fund	p: 1800 177 111 e: jilllis@ispdr.net.au w: www.rett.nesher.com.au/
24 – 30 November	Asbestos Awareness Week	Nationwide	Asbestos Diseases Society of Victoria (ADSVIC)	p: 1300 659 226 e: tim.tolhurst@adsvic.org.au w: www.adsvic.org.au
25 November	International Day for the Elimination of Violence Against Women	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org

27 November	Asbestos Commemorative Day	VIC	Asbestos Diseases Society of Victoria (ADSVIC)	p: 1300 659 226 e: tim.tolhurst@adsvic.org.au w: www.adsvic.org.au
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December 2009

Dates	Event	Location	Organisation	Contact Details
01 December	World AIDS Day	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
03 December	International Day of Persons with Disabilities	Worldwide	United Nations	p: 02 6273 8200 e: unic@un.org.au w: www.un.org
05 December	International Volunteer Day	Worldwide	Volunteering Australia	p: 03 9820 4100 e: volaus@volunteeringaustralia.org w: www.volunteeringaustralia.org
25 December	Christmas Day	Nationwide		
26 December	Boxing Day (Public Holiday Monday 28 December)	Nationwide		
26 December	Proclamation Day	SA		